

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 W/C 04/11/24 02/12/24 13/01/25 10/02/25 17/03/25	Home Baked Cheese and Tomato Pizza 1,3,7 (V) with Pasta Twists 1 Or Sausage and Bean Filled Jacket Potato Sweetcorn Chocolate and Banana Flapjack 1 Milk 7	Crispy Chicken Goujons 1 with a Tortilla Wrap 1 with Seasoned Wedges Baked Beans Or Vegetable Noodles 1,3,12 with Naan Bread (V) 1 Vegetable Batons Apple and Cinnamon Sponge Cake 1,3 and Caramel Sauce 7	Welsh Beef Lasagne 1,7,9,10 with Garlic Bread 1,3,7 and Peas Or Welsh Rarebit (V) 1,3,7,10 with Baked Beans Coleslaw 3 Llaeth y Llan Fruit Yoghurt 7 with Apple or Banana Or Melon Wedge	Roast Chicken Creamed Potatoes 7 Gravy Or Macaroni Cheese (V) 1,7,10 Carrots and Broccoli Lemon Cheesecake 1,3,7 Or Bara Brith 1,3 Milk 7	Breaded Salmon Fillet 1,4 Or Cheese Omelette (V) 3,7 Chips Baked Beans or Peas Golden Krispie Bar 1,7 Fruit Juice
WEEK 2 W/C 11/11/24 09/12/24 20/01/25 17/02/25 24/03/25	Home Baked Cheese and Tomato Pizza 1,3,7 (V) with Pasta Twists 1 Or Chilli Beef Filled Jacket Potato Sweetcorn Rice Pudding with Cranberries 7	'Cooks Choice' Chicken Curry 1,7,12 with Rice Naan Bread 1 Or Baked Bean Pasta Bake 1 (V) Broccoli Vegetable Batons Blueberry Muffin 1,3,7 Milk 7	Welsh Beef Burger in a Bap 1,12 Seasoned Potato Wedges Or Welsh Cheddar and Potato Wrap 1,7 (V) Baked Beans Coleslaw 3 Llaeth y Llan Fruit Yoghurt 7 With Apple or Banana Or Melon Wedge	Oven Baked Sausages with Yorkshire Puddings 1,3,7 Creamed Potatoes 7 and Gravy Or Macaroni Cheese 1,7,10 (V) Carrots and Broccoli Raspberry and Vanilla Ice Cream Roll 1,3,6,7 with Raspberries Or Crackers 1, Cheese 7 and Grapes Milk 7	Breaded Salmon Fillet 1,4 Or Cheese & Tomato Omelette 3,7 (V) Chips Baked Beans or Peas Lemon Cookie 1 Fruit Juice
WEEK 3 W/C 18/11/24 16/12/24 27/01/25 03/03/25 31/03/25	Home Baked Cheese and Tomato Pizza 1,3,7 (V) Pasta Twists 1 Or Tuna Crunch Filled Potato 3,4,7,10 Corn on the Cob Date Cookie 1 Milk 7	Crispy Chicken Goujons 1 with a Tortilla Wrap 1 with Seasoned Wedges Or Tex Mex Burrito 1,3,7 (V) Sweetcorn Vegetable Batons Lemon Cake 1,3,7 with Vanilla Sauce 7	Welsh Beef Bolognaise, Pasta 1 Peas Garlic Bread 1,3,7 Or Glamorgan Sausage 1,7,10 (V), Pasta 1 Baked Beans Coleslaw 3 Llaeth y Llan Fruit Yoghurt 7 With Apple or Banana Or Melon Wedge	Roast Gammon with Creamed Potatoes 7 and Gravy Or Macaroni Cheese 1,7,10 (V) Carrots and Broccoli Pancakes 1,3,7 with Mixed Berries Or Bara Brith 1,3 Milk 7	Breaded Salmon Fillet 1,4 or Scrambled Egg 3,7 (V) Chips Baked Beans or Peas Caramel Cornflake Crunch 1,7 Fruit Juice
WEEK 4 W/C 25/11/25 06/01/25 03/02/25 10/03/25 07/04/25	Home Baked Cheese and Tomato Pizza 1,3,7 (V) With Pasta Twists 1 Or Ham & Cheese Filled Potato 7 Corn on the Cob Rice Pudding 7 with Raspberry Puree	Oven Baked Sausages with Creamed Potatoes 7 and Beans Or Hot Vegetable Wraps 1,7 (V) Vegetable Batons Sticky Toffee Pudding 1,3 Milk 7	Welsh Beef Meatballs 12 in Mediterranean Sauce 1, 9 with Pasta Twists 1 Garlic Bread 1,3,7 Or Welsh Cheddar,Potato and Leek Bake 3,7,10 (V) Peas Coleslaw 3 Llaeth y Llan Fruit Yoghurt 7 With Apple or Banana Or Melon Wedge	Roast Pork with Stuffing 1 and Apple Sauce, Carrot & Swede Mash, Roast Potatoes and Gravy Or Macaroni Cheese 1,7,10 (V) Broccoli Chocolate Pudding 7 with Bananas Or Crackers 1, Cheese 7 and Grapes Milk 7	Breaded Salmon Fillet 1,4 Or Poached Egg 3 (V) Chips Baked Beans or Peas Golden Crunch Cookie 1 Fruit Juice

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WEEK 1 W/C 04/11/24 02/12/24 13/01/25 10/02/25 17/03/25	Pizza Caws a Thomato Cartref 1,7 (LI) a Phasta Troellog 1 Selsig a Thaten Bob wedi ei Llenwi gyda Ffa Pob India-corn Fflapjac Siocled a Banana 1 Llefrith 7	Goujons Cyw Iâr 1 gyda Rap Tortilla 1 gyda Thalpiâu Tatws Sawrus Ffa Pob Nwdls Llysiau gyda 1.3.12 Bara Naan (LI) 1 Ffyn Llysiau Teisen Sbwng Afal a Sinamon 1,3 a Saws Caramel 7	Lasagne Cig Eidion Cymreig 1,7,9,10 gyda Bara Garlleg 1,3,7 a Phys Caws Pob 1,3,7,10 (LI) gyda Ffa Pob Colslo 3 logwrt Ffrwythau Llaeth y Llan 7 ydag Afal neu Fanana neu Ddarn o Felon	Cyw Iâr Rhost Tatws Hufennog 7 Grefi Macaroni a Chaws 1,7,10 (LI) Moron a Brocoli Cacen Gaws Lemon 1,3,7 Bara Brith Llefrith 7	Ffiled Eog Mewn Briwsion Bara 1,4 Omled Caws (LI) 3,7 Sglodion Ffa Pob neu Bys Bar Crensiog Euraidd 1,7 Sudd Ffrwythau
WEEK 2 W/C 11/11/24 09/12/24 20/01/25 17/02/25 24/03/25	Pizza Caws a Thomato Cartref 1,7 (LI) a Phasta Troellog 1 Taten Bob gyda Chilli Cig Eidion 1 India-corn Pwdin Reis 7 gyda Llugaeron	Cyri Cyw Iâr 'Dewis y Cogydd' 1,7,12 gyda Reis Bara Naan 1 Pasta Ffa Pob (LI) 1 Brocoli Ffyn Llysiau Myffin Llus 1,3,7 Llefrith 7	Byrgyr Cig Eidion Cymreig mewn Rhôl 1,12 Talpiâu Tatws Sawrus Rap Caws Cheddar Cymreig a Thatws 1,7 (LI) Ffa Pob Colslo 3 logwrt Ffrwythau Llaeth y Llan 7 ydag Afal neu Fanana Darn o Felon	Selsig wedi eu Pobi gyda Phwdinau Efrog 1,3,7 Tatws Hufennog a Grefi 7 Macaroni a Chaws 1,7,10 (LI) Moron a Brocoli Rhôl Mafon a Hufen Iâ Fanila 1,3,6,7 gyda Mafon Cracers 1, Caws 7 a Grawnwin Llefrith 7	Ffiled Eog Mewn Briwsion Bara 1,4 Omled Caws a Thomato 3,7 (LI) Sglodion Ffa Pob neu Bys Cwci Lemon 1 Sudd Ffrwythau
WEEK 3 W/C 18/11/24 16/12/24 27/01/25 03/03/25 31/03/25	Pizza Caws a Thomato Cartref 1,7 (LI) a Phasta Troellog 1 Taten wedi ei Llenwi gyda Thiwna 3,4,7,10 India-Corn ar y Cobynd Salad Cymysg Cwci Datys 1 Llefrith 7	Goujons Cyw Iâr 1 gyda Rap Tortilla 1 gyda Thalpiâu Tatws Sawrus Burrito Tex Mex 1,3,7 (LI) India-corn Ffyn Llysiau Teisen Lemon 1,3,7 gyda Saws Fanila 7	Bolognese Cig Eidion Cymreig Pasta 1 Pys a Bara Garlleg 1,3,7 Selsig Morgannwg 1,7,10 (LI), Pasta 1 Ffa Pob Colslo 3 logwrt Ffrwythau Llaeth y Llan 7 ydag Afal neu Fanana Darn o Felon	Gamon Rhost gyda Thatws Hufennog 7 a Grefi Macaroni a Chaws 1,7,10 (LI) Moron a Brocoli Crempogau 1,3,7 ydag Aeron Cymysg Bara Brith 1,3 Llefrith 7	Ffiled Eog Mewn Briwsion Bara 1,4, Wÿ wedi'i Sgramblo 3,7 (LI) Sglodion Ffa Pob neu Bys Teisen Creision Yd Caramel 1,7 Sudd Ffrwythau
WEEK 4 W/C 25/11/25 06/01/25 03/02/25 10/03/25 07/04/25	Pizza Caws a Thomato Cartref 1,7(LI) a Phasta Troellog 1 Taten wedi ei Llenwi gyda Ham a Chaws 7 India-Corn ar y Cobynd Pwdin Reis 7 gyda Phiwrî Mafon	Selsig wedi'u Pobi gyda Thatws Hufennog 7 a Ffa Rap Llysiau Poeth 1,7 (LI) Ffyn Llysiau Pwdin Taffi Gludiog 1,3 Llefrith 7	Peli o Gig Eidion Cymreig 12 gyda Saws Môr y Canoldir 1,9 gyda Phasta 1 a Bara Garlleg 1,3,7 Caws Cheddar Cymreig, Tatws a Chennin wedi'u Pobi 3,7,10 (LI) Pys Colslo 3 logwrt Ffrwythau Llaeth y Llan 7 ydag Afal neu Fanana Darn o Felon	Porc Rhost, Stwffin 1 a Saws Afal, Moron a Rwden wedi'u Stwnsio, Tatws Rhost a Grefi Macaroni a Chaws 1,7,10 (LI) Brocoli Pwdin Siocled 7 gyda Bananas Cracers 1, Caws a Grawnwin Llefrith 7	Ffiled Eog Mewn Briwsion Bara 1,4 Wÿ wedi'i Botsio 3 (LI) Sglodion Ffa Pob neu Bys Cwci Crensiog Euraidd 1 Sudd Ffrwythau

