



Friday 6th February 2026



News from the Head Teacher

Sports

The children in Dosbarth Marian and Elian had a visit from Sammy the Seagull and his friends from Colwyn Bay Football Club this week. Mr Emberton didn't realise Sammy was friendly and arrived in the hall armed with his metre stick, ready to shoo him away! Thank goodness he didn't, because they shared some important messages about health and nutrition and have given the children a free ticket to see their next home game vs TNS.

Dosbarth Dolwen and Year 4 from Dosbarth Marian enjoyed their swim safety session in the pool. They were the first group in the area to take part, and the organisers were thoroughly impressed with their listening skills.

Children's Mental Health Week

Next week we will be marking Children's Mental Health Week with activities in classes throughout the week. Many of the children will be heading out on wellbeing walks in and around the village.

Gardening

We are hoping to get our greenhouse up soon and would love some extra green fingers! Would you like to support us? We have entered Wales in Bloom again this year and need some help from those of you who have knowledge of growing fruit and vegetables. If you have any spare time to help us, please get in touch.

Online Content – Reminder

We have been offered the opportunity to host a parent information session led by North Wales Police's Cyber Unit. The session would provide advice and insight into children's online gaming, the potential risks, and practical steps parents and carers can take to keep children safe online. We are currently gauging interest in a session for parents. A short survey to let us know if you are interested can be found here: [Parent Information Session: Online Gaming and Digital Safety – Fill in form.](#)

If there is sufficient interest, we will go ahead and book the session. We would really value your feedback. We have only had one response so far.

Ffit Conwy Half-Term Sessions

Ffit Conwy have lots going on to keep children fit, healthy and entertained over half-term, including some free swimming sessions. For more information, visit [School Holiday Activities.](#)

Have a lovely weekend together.
Kind regards, Beth Hughes

Important Dates

Monday 9th February

PM7 Sports (date change)

Tuesday 10th February

Dosbarth Marian swimming

Tuesday 10th February

Menu change – see noticeboard

Thursday 12th February

School Disco

Half Term

School closes Friday 13th February

School opens 23rd February

Nant BH Trip

Yrs 5 & 6

Monday 23rd Feb –

Wednesday 25th Feb (2 nights)

Thursday 5th March

World Book Day – children can wear an outfit from their favourite book

Pentre Trip

Yrs 3 & 4

Monday 16th March–

Tuesday 17th March (1 night)

Dolwen Road,
Llysfaen, LL29 8SS

☎ 01492 517326

www.ysgolcynfran.co.uk
pennaeth@cynfran.conwy.sch.uk

Notice Board

Class News

Dosbarth Dulas Meithrin: have enjoyed the story of The Leaf Thief this week and been busy selling cakes in our new shop role play area.

Dosbarth Dulas: have been exploring shapes this week, we can name lots of 2D shapes! We also welcomed Miss Rowlands to our class, a trainee teacher from Bangor University who will be with us until Easter.

Dosbarth Betws: have been working hard on their ocean topic. Year 3 had great fun in their Musical Theatre workshop.

Dosbarth Dolwen: participated in an assembly with Rev. Gareth on Tuesday in preparation for Children's Mental Health Week next week. The Yr 3 members from Dosbarth Dolwen and the Yr 3 members from Dosbarth Betws participated in a music workshop. Dosbarth Dolwen and the Yr 4 members of Dosbarth Marian also participated in a Water Safety Session.

Dosbarth Marian: have been learning all about echolocation in Science. They have also been learning the ladder method for multiplication in Maths.

Dosbarth Elian: we continued to learn about our new topic Blue Planet. We recorded show reels about dolphins. We looked at Fin's character in Song of The Dolphin Boy and how it is important to make people feel included in a group. This fitted in well with our KiVa session on groups that we are part of.

Seren Yr Wythnos

Dosbarth Dulas Meithrin: Lais

Dosbarth Dulas: Betsy

Dosbarth Betws: Javi

Dosbarth Dolwen: Osian

Dosbarth Marian: Scarlett

Dosbarth Elian: Abigail



Cymro/Cymraes Yr Wythnos

Dosbarth Dulas Meithrin: Olivia

Dosbarth Dulas: Sapphire

Dosbarth Betws: Xander

Dosbarth Dolwen: Huw

Dosbarth Marian: Madison

Dosbarth Elian: Isaac



Birthday Celebrations

Olivia (Betws)



IMPORTANT

Due to health & safety, gates will be locked during the day. If you need access to the carpark please ring the office 01492 517326. Diolch



DISCO TIME! SUPERHEROES



THURSDAY 12TH FEBRUARY 2026

Infants (Reception, Yr 1 & Yr 2) – Time – 3.15-4.15
(infants can bring their costumes to change into)

Juniors (Yr 3, Yr 4, Yr 5 & Yr 6) – Time – 4.30-6.00

£4.50 (parentpay)

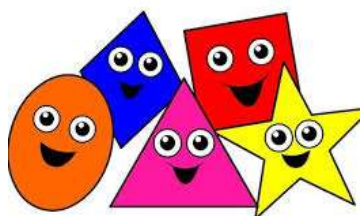
Includes entrance and meal deal – Captain America Chips, Hulk Hotdogs & Doctor Strange Drink
(obvs just the normal hotdog, chips & drink)

Pocket Money Toys Will Be Available To Buy (so bring cash)

Safeguarding

Our Designated Safeguarding Officers are Mrs Beth Hughes, Mrs Cora Williams & Mr Emberton. If you need to talk to us about any concerns, please contact us at School.

Dosbarth Dulas' week in pictures ...



Dosbarth Betws' week in pictures ...



Dosbarth Dolwen's week in pictures ...



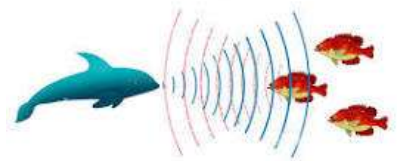
Safety first!



Dosbarth Marian's week in pictures ...



Echolocation



PIC•COLLAGE

Learn Multiplication

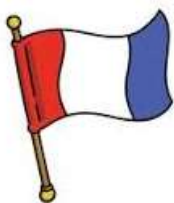


PIC•COLLAGE

Dosbarth Elian's week in pictures ...



French thumbs up, heads down



Notice Board (2)

**Menu change
Tuesday 10th February**

Chinese New Year

Crispy Chicken

Fried Rice

Veggie Noodles

Prawn Crackers

Sweet Chilli Sauce

Sticky Toffee & Banana Cake

Milk or Water

**PM7 Sports date change
~~Thursday 12th February~~
will now be
MONDAY 9th
FEBRUARY**



5-11 yrs

SPORTS CAMP

**LLANDUDNO: SWIMMING CENTRE
& JOHN BRIGHT LEISURE CENTRE**

Monday 16 February - Friday 20 February
8:30am - 4:30pm

Swimming every day from 11am and then walk over to John Bright Leisure Centre for a day of fun!

A variety of sports delivered by qualified coaches in specially designed, purpose-built, fully equipped, heated sports and leisure spaces. (Adults welcome!)

Cost: £11.50 per day
or £48.00 for a 5-day session (includes £10.00 deposit)

To book:
0300 456 85 25
Email: bookings@ffit.gov.uk

FFIT **CONWY**

FEBRUARY HALF TERM 2026!

JUNIOR 8-15

FFIT Conwy offers a packed programme across our centres:

JUNIOR SOCCER

Goal to is a high energy cardio-based workout heavily influenced by the spirit of boxing.

MIXED RACKET SPORTS

A chance to try out a variety of racket sports: badminton, pickleball and short tennis.

FOOTBALL DRUP IN SESSIONS

A safe space to play over half term with friends, unstructured but guided sessions.

JUNIOR STRENGTH

Our experienced coaches provide tailored training programmes that focus on building technique, safety and physical fitness.

HYPOX

YOUNGSTARS

Swimmers replicate the adult HYPOX training, but with adaptations based on the age and stage of progression for the different age groups.

FAMILY FITNESS CLASSES

for 8-11 year olds and their grown ups to meet, laugh and get stronger together!

For centre locations and times go to:

www.ffit.gov.uk/schools-and-ages

Book your sessions now via the FFIT Conwy App!
0300 456 85 25
Email: bookings@ffit.gov.uk

FFIT **CONWY**



FREE

Educational Swimming Lessons for local school children

February Half Term 2026

Year 3 - Year 6 (7-11 year olds)

LLANDUDNO | LLANRWST | COLWYN | ABERGELE

Build essential water skills in a safe, supportive environment. Children will gain confidence in the water while learning vital water safety knowledge and developing their swimming ability.

TO BOOK:
0300 456 85 25
or visit your local swimming pool
Bookable from Mon 22nd February!

Book at least a school in the County of Conwy to be eligible. Book in and a school will be required to join in.

FFIT **CONWY**

Funded by UK Government